

## Six Hour Pre-Conference Workshop Descriptions

Wednesday, February 21<sup>st</sup>, 2018

9:00 – 4:00 pm

\$120 – if registered by 2/14/18; \$160 after 2/14/18

### Elementary School Counseling

Participants will spend the first several hours learning about elementary school counseling strategies, resources and programs that have had proven success. All areas will be covered...from anger management to parental involvement, death and grieving, social skills, divorce, incarceration, book clubs, etc. The last two hours will be a round table for all participants to to ask questions of each other and create a support system. Everyone will leave with new ideas that have been tried and tested (with success!) **LEVELS: K-5 Presented by: Kaet Barron, School Counselor, Maryville Elementary School**

### Ignite #Loveinschools

Most educators desire to teach with passion and purpose; however, the needs of students and families today have left many educators feeling frustrated, angry, and unfulfilled and ready to give up teaching with joy, love, and creativity. IGNITE #LOVEINSCHOOLS helps educators align their personal passion, purpose, and strengths with the mission and vision of their schools unleashing an unbelievable energy, enthusiasm, and intentional focus felt in every classroom, hallway, cafeteria, and school event. This professional learning differentiates for every participant right where he or she is in a safe, honest, and encouraging environment. Participants will personally reflect and then discuss with individual partners, table partners, and whole group the best ways to strengthen and repair their minds, bodies, relationships, and spirits, so they can give more fully to their students, colleagues, school families, their own families, and also to themselves. In school communities today it seems often there are too many needs and not enough time and resources; however, IGNITE #LOVEINSCHOOLS helps educators to strike the right work/life balance to meet and exceed today's intense expectations. This professional learning provides simple steps and strategies to improve communication and solidify relationships to inspire students, engage families, encourage colleagues, build community partnerships and maximize professional learning communities. Dr. Bill Daggett's "Rigor, Relevance, and Relationships" research and focus has been around for years; however, when one compares the amount of time, energy, and professional development devoted to enhancing educators' relationship skills compared to the rigor and relevance efforts, it is clear that educators need more support and practice in this critical area in order to positively impact school cultures and climates in impactful, profound ways. Time and time again school success stories come back to one life changing relationship and/or one simple moment maximized by a loving adult who communicates the student's worth and potential. School districts invest 75-90% of their budgets in salaries

and benefits for its employees, and IGNITE #LOVEINSCHOOLS will ensure that investment is nurtured, protected, and magnified so employees' talents and potential are fully utilized. **ALL LEVELS. Presented by: Katte Joel, Administrator, Fayette County Schools, Juvenile Detention Center**

#### **Infinite Campus and the New School Counselor**

Counselors new to Infinite Campus will learn how to use the tools available in Infinite Campus to improve their daily routine. This workshop will be for those who would like to learn how to do basic scheduling, run reports, basic Ad-hoc reporting, export student data, etc. Participants are encouraged to bring a laptop/computer. **ALL LEVELS. Presented by: Sherry Poore, IC User Support Manager, Fayette County Public Schools**

#### **The Impact of School Counselors: Using Evidence-Based, Data-Driven Comprehensive School Counseling**

This workshop will provide attendees with the knowledge and skills to use evidenced-based data-driven comprehensive school counseling to illustrate the power of your school counseling program and make your life easier. A visual model for evidenced-based data-driven comprehensive school counseling will be presented. Attendees will learn how to apply data-driven decision making to target equity gaps, how to use evidenced-based interventions, how to create pre-post assessments to track student growth, and how to use logic models to connect goals to interventions to assessment strategies. Finally, attendees will learn how to build visually arresting presentations to disseminate the impact of their school counseling interventions. **ALL LEVELS. Presented by: Dr. Brett Zyromski, Assistant Professor, The Ohio State University**

**Wednesday, February 21<sup>st</sup>**

**Morning Session: 9:00 – 12:00 pm**

**\$75 – if registered by 2/14/18; \$85 after 2/14/18**

### **Intensive College Access Now ICAN**

Intensive College Access Now ICAN is a program that helps seniors, especially those from lower socioeconomic levels, navigate the college application process. **Presenter: Julie Brown, School Counselor, Jefferson County Public Schools**

### **Courage to Care**

The Courage to Care Curriculum is a research-based program designed to promote responsible and caring behavior on the part of early adolescents (ages 11-13). Middle-school-aged youth are starting to firmly establish their social identities, therefore, bullying and other negative behaviors can become much worse and more deeply ingrained at this developmental stage. The C to C program consists of nine lessons, typically 50 minutes long. These lessons employ the education methods of ‘do,’ ‘reflect,’ and ‘apply.’ This process promotes a broader, more meaningful application of learning. Participants will be given the opportunity to teach lessons from this program. They will be given several tools to take back to their schools (including power points and activity ideas). **Level: 6-8, Presented by: Karen Smith, Middle School Counselor, Bernheim Middle School**

### **Creative Trauma Interventions**

This workshop will use a learning team approach to assist counselors in implementing trauma informed care and interventions in their practice. Interventions are appropriate for both school and community counseling treatment planning. Psychoeducation will be provided regarding various trauma, impact on schools, learning, and individual functioning. Basic areas to treat trauma utilizing cognitive behavioral therapy and creative "outside and box" interventions will be discussed. Participants will learn various interventions that are creative in nature, individualized to clients based on need, and will be able to generate their own interventions using this training as a springboard to encourage counselors to provide quality services that will engage clients, help clients overcome avoidance, and to work through various traumas. **Presenter: Lena Kline, LPCC Program Director, Psychiatric Residential Treatment Facility for Youth**

## **Three Hour Pre-Conference Workshop Descriptions**

**Wednesday, February 21<sup>st</sup> 2018**

**Afternoon Session: 1:00 – 4:00 pm**

**\$75 – if registered by 2/14/18; \$85 after 2/14/18**

### **Google Drive in Your Counseling Program**

This workshop is for those who consider themselves Novice with Google Drive. Participants will learn how to utilize this easy to use system to create documents they can use in their counseling programs for data collection purposes. In addition to teaching the basics of Google Drive, time will be dedicated toward creating 1-2 documents that can be used upon return to school. **ALL LEVELS. Presenter: Felicia Carter, Elementary School Counselor, Jefferson County Public Schools.**

### **Middle School Groups Big and Small**

Participants will learn how to have productive groups with middle school students. The groups will address issues like: divorce, deployment, test anxiety, being a new student, bullying, etc. **Presented by: Theresa Morris, Middle School Counselor, Madison County Schools**

### **Trauma Informed Practices: Interventions and Strategies for Professional School Counselors**

The field of neuroscience is growing rapidly and school counselors are beginning to understand that the human brain's exposure to prolonged, traumatic experiences has the potential to alter a child's development. When students' deal with toxic stressors day in and day out, this may lead to disturbances in the brain's neocortex which impacts thinking, feeling, and relating. In relation to schooling, these adverse experiences undermine a student's ability to learn, form healthy relationships, and follow basic classroom expectations and procedures. This interactive session will discuss how toxic stress impacts the brain and what types of interventions school counselors can use within their comprehensive school counseling program. **LEVELS: K-5, 6-8. Presented by: Jill Minor, School Counselor, Campbell County Schools**