

**SIX HOUR PRE-CONFERENCE WORKSHOP**  
**Wednesday, February 22, 2017**  
**9:00-4:00**

**01. Counselor Self-Care**

**LEVELS: ALL**

The participant will learn the definitions of stress and burnout, the causes and statistics affecting job loss and under performance among school counselors. Participant will learn how to become more self aware, coping strategies and implementation of these strategies; to best affect appropriate management skills and positive role modelling for peers and students alike.

**Presenter: Adina Cobham Headley, Summit Conflict Resolutions & Trainings**

**02. Get RAMPed Up! Comprehensive School Counseling Plan Development**

**LEVELS: ALL**

In this workshop, participants will work to develop a Comprehensive School Counseling Plan. This is a work session for counselors or counseling teams to come together and receive guidance and help in completing comprehensive school counseling plans. Participants will need to bring a computer. ASCA materials will be available in this session.

**PRESENTER: Antonio Melton, School Counselor, Paul Laurence Dunbar High School**

**03. Reading the Tells - Learning How to Read Body Language for School Counselors**

**LEVEL: ALL**

Reading the Tells is a powerful training seminar that gives you practical techniques, tools, and strategies for understanding and using non-verbal communication for the highest impact and effectiveness. In this workshop, you will learn how to read body language to better communicate with students, parents, colleagues, and administrators. Become a highly respected, highly influential, and highly successful communicator! Whether you are a teacher, counselor, manager, principal, supervisor, sales rep, attorney, or HR professional, the degree of career success you enjoy is virtually dictated by your skills in communicating with others on the job.

**Presenter: Jerry Balistrei, Professional Educator, Administrator, Trainer, Author, and Speaker, Anchorage, Alaska**

## **Data There Are Apps For That!**

### **Levels: ALL**

In my own experience as a school counselor at an elementary school, I developed new systems and enhanced existing practices with the use of the Google Apps for Education Suite. I will share specific ways in which school counselors can utilize Google Drive, Docs, Forms, Sheets, and Classroom to enhance data collection, delivery of services, accountability, and advocacy for their school counseling programs to help meet ASCA best practice standards.

Participants will learn:

- a basic overview of the key products I used and how they lead to success for several components of my own success
- the benefits of using them to enhance their programs
- a variety of ways in which they can use the products in their specific buildings and manifest their ideas
- how to design, edit, and navigate their own Docs, Forms, Classrooms, and Sheets with step-by-step tutorials
- how to educate peers and stakeholders to increase team productivity through efficient collaboration
- the significance of collaboration with district tech teams and how to maintain those connections
- and whatever answers to their questions I can provide!

**Presenter: Bianca Bargo, School Counselor, Woodford County Schools**

## **THREE HOUR PRE-CONFERENCE MORNING WORKSHOP**

**Wednesday, February 22, 2017**

**9:00-12:00**

### **04. K-5 Vocational Studies Starter Curriculum**

#### **LEVELS: ALL**

This interactive workshop is designed to introduce participants to the 5 sub-categories of Vocational Studies as outlined in the Kentucky Academic Standards. Attendees will participate in hands-on activities that introduce Vocational Studies content designed especially for elementary students. Learning targets: When participants leave this workshop they will...

- Have a working knowledge of the 5 sub-categories of Vocational Studies as stated in KAS (KY Academic Standards).
- Have a framework from which to build a strong Vocational Studies curriculum.
- Have ten age-appropriate sample lessons to kick-start a Vocational Studies curriculum
- Be able to create lesson plans based on KAS Vocational Studies standards.

**PRESENTER: Jennifer Pusateri, Education Consultant, KDE**

### **05. Elementary Counseling Activities and Lessons**

#### **Levels: K-5**

Come learn and see what another elementary school counselor is doing at her school with success. I will share some of my favorite (and most successful) individual, group and classroom guidance lessons and resources. This will include new ideas for Red Ribbon Week, College and Career Readiness, bully prevention and more! You will leave with a ton of activities you can implement immediately.

**Presenter: Kaet Barron, School Counselor, Maryville Elementary School**

### **06. Critical Incident Stress Debriefing Of Traumatic Events**

#### **LEVEL: ALL**

This workshop will address the techniques used to debrief adults and children who witnessed or experienced a traumatic event such as a shooting, bus accident, hostage situation, etc. Experiential techniques will be utilized to demonstrate key information and skill building, including a mock debriefing demonstration.

**Presenter: Dr. Judy Keith, Renew Center**

### **07. Building Resiliency in Students**

#### **LEVELS: ALL**

Counselors need interventions that are both effective and efficient. A strengths-based approach, focusing on resiliency, offers a unique and positive group experience, regardless of the reason for inclusion in the group. This is an original plan for small groups, well-researched with proven results, that offers both. It provides a positive framework for addressing varying issues among students that yields increased student achievement, improved school attendance, and more appropriate school behavior.

**Presenter: Dr. Karen Griffith, ASCA Consultant, National Model Trainer, Lead RAMP Reviewer**

## ***THREE HOUR PRE-CONFERENCE AFTERNOON WORKSHOP*** ***Wednesday, February 22, 2017*** ***1:00 – 4:00***

### **08. True BeYouty - More Than Just A Look**

#### **LEVELS: 6-8**

Adapted from the book "Beyoufilfu!" by Julie Marie Carrier, this workshop looks at what it means to be truly beautiful in a society where a "picture perfect" body is often valued more than character traits. Participants will become aware of how the media influences body image, especially as it impacts young girls. This program utilizes hands-on activities, video clips and journaling to give participants strategies to help young girls become self-confident and more respectful of themselves as a whole (body, mind, character and value). Upon completion of this workshop, participants will be able to utilize the activities and PowerPoint provided to them in order to lead this class in their own schools.

**Presenter: Karen Smith, School Counselor, Bernheim Middle School**

### **09. College and Career Readiness at the Elementary Level**

#### **LEVELS: K-5**

Learn a variety of ways to implement activities, lessons and initiatives related to college and career readiness at the elementary school level. Topics include: general promotion of college and career, connecting with local and state resources, putting on a career fair, using March Madness as a college readiness tool, and implementing a college and career readiness week at your school.

**Presenter: Kaet Barron, School Counselor, Maryville Elementary**

## **10. Facilitating Grief Recovery**

### **LEVELS: ALL**

Participants will be able to:

- Describe children and adult's grief process
- Identify indicators that a child or adult has unresolved loss issues
- Model appropriate techniques to facilitate expressions of grief, participation in closing rituals, and remembrance activities
- Organize a school response

**Presenter: Dr. Judy Keith, Renew Center**

## **11. Play Therapy Is For All Ages! Come Play With Us!**

### **LEVELS: ALL**

Play Therapy is very helpful for middle/and high school as well as elementary students. Research has shown techniques that work. This three- hour workshop shares information about Play Therapy techniques and methods, various theoretical orientations including Activity Therapy, and Sandtray Therapy, and suggested materials to use and how we would use them. As an extra highlight, we will include the adolescent brain and brain development and the current thinking on how Play Therapy is a treatment of choice developmentally for working with middle and high school students. This workshop will get you started working with play therapy and offer information for those already familiar with Play Therapy to add to your skills. There will be experiential activities included so that participants may also experience the joy, healing, and power of play. We can truly say Play Therapy is for all ages! Come play with us!

**Presenter: Dr. Muriel Stockburger, Associate Professor and Play Therapist and Dr. Stephanie Stockburger, University of Kentucky pediatrician**

***Three Hour Post-Conference Afternoon Workshop  
Friday, February 24, 2017***

**THE KENTUCKY ILP**

**1:00 PM - 4:00 PM**

**LEVELS: ALL**

Kentucky Educators are being asked to move the Kentucky ILP from just completion and the completion standards to a new level, student engagement. KDE has developed new lesson plans and materials to support this process. In this session, there will be a brief overview of the ILP along with an introduction to the new ideas and materials that will assist schools in moving the ILP to student engagement.

*This workshop is being offered **FREE of charge** for those who attend the conference or attend a pre-conference workshop. Participants will receive an additional **3 hours of EILA** credit for attending this workshop.*

*Presenter: Pamela Gabbard, Educational Trainer/ Consultant, Career Cruising.*